

Mr. Henderson*

Mr. Henderson, a 74-year-old widowed man who lives alone, was admitted to the hospital when he had fractured his arm. He suffers from diabetes and is unable to provide himself with required injections. Mr. Henderson has a history of non-compliance with his doctor appointments, which has caused his diabetes to be somewhat unstable. Upon discharge, the social worker determined that he did not require treatment from a rehabilitation program, but did need limited supervision and physical therapy. As she searched for community-based care, she remembered hearing about Village Care's adult day health center and the services they provide.

To expedite the enrollment process, the Village Adult Day Health Center social worker obtained preliminary patient information over the phone and faxed the appropriate documentation needed to be completed by the doctor to the hospital social worker.

Two days later, Mr. Henderson was picked up from his apartment by the ADHC van and taken to the program. He now attends four days a week, and receives nursing and medication supervision, social work services, recreational services, physical therapy and other interactive groups. Since Mr. Henderson's

enrollment, he has thrived beautifully in the community with the help of the center's caring staff. His diabetes is stable, and he receives assistance from the center to coordinate appointments, and supervision from the program nurses. Mr. Henderson is now compliant with his medical appointments and potential risks are now able to be identified, addressed and prevented. With his consistent participation in physical therapy, he has been able to re-build his arm and remains independent in his activities of daily living. Furthermore, the center's social worker has secured home attendant services to provide additional assistance for those days that Mr. Henderson does not attend the program.

Mr. Henderson has also become involved in the activities offered at the program. He has always enjoyed carpentry and crafting throughout his life but stopped in his later years as he became more frail. Since the start of the program, he has begun to revive his talents and hobbies. He has made several friends and appears to have grown very fond of the program, as he feels a part of the community again.



**Identifying information has been changed to protect privacy.*



Village Adult Day Health Center



We're here for you.

www.vcny.org

Village Care of New York Adult Day Health Center

Special activities include:

- ▶ Art groups
- ▶ Photography groups
- ▶ Local trips
- ▶ Writing workshops
- ▶ Theater groups
- ▶ Cooking groups
- ▶ Needlework
- ▶ Caregiver support group
- ▶ Walking groups

The Village Adult Day Health Centers is a free-standing, state-of-the-art facilities, providing comfort, safety and independence, through a full range of nursing, nutritional, case management, rehabilitative services and social activities. The centers offer physical therapy, personal care assistance, health-related diagnostic services and social services. Full-time nursing services ensure timely, appropriate health monitoring, assessment, intervention and education.

A comprehensive therapeutic recreation program includes creative arts, exercise, yoga, tai chi, discussion groups, lectures, live musical entertainment, movies and local trips.

The adult day health center cares for those with functional impairments, including individuals with physical and social needs, and offer individualized programs geared to helping persons with behavioral health problems, Alzheimer's disease, dementia and other chronic illnesses. The centers serve a light breakfast and provide a hot lunch. Private, door-to-door transportation is provided. Our adult day program is **Medicaid reimbursable**.

Village Adult Day Health Center
644 Greenwich Street
New York, New York 10014

**With sub-specialties in
Dementia,
Parkinson's Disease
and
Behavioral Health Care**

Monday - Friday
9:00 am - 3:00 pm

212-337-5870

1-877-822-7369
(V-CARE-NY)

Village Care is your partner in healing body, mind and spirit.

Dear Village Adult Day Health Center;
I want to thank you for all of the special care and attention that you have given to me. It has made a difference in my life that is even noticeable to my family and friends. I take a lot of medications and was unable to remember to take them as the doctor told me I should. My family doesn't live close enough and are unable to give me my medications or to keep up with my doctor's appointments. The nurses at the program made up a chart for my medications and help me to take them when I am at the program. When I first came to the program, I was feeling very scared and did not want to join in any groups or activities. Your patience and constant support made me feel safe and less afraid. Now I am attending program five days a week and can't wait to get up each day to see my new friends, and "family members". The group activities and trips are really fun and help me to concentrate and focus. The food is good too.
P.S. My family says, "Thank you".
Love, Sophia



The artwork and photography in this brochure were created by participants of the Village Adult Day Health Centers.