

# Senior Choices



VILLAGE CARE OF NEW YORK

## Village Care of New York

Village Care of New York is a community-based, not-for-profit organization serving persons living with HIV/AIDS, seniors and individuals in need of continuing care and rehabilitation services, regardless of their ability to pay.

Our mission is to create a caring and supportive environment in which all whom we serve, along with their families and partners, are respected for their uniqueness and are encouraged to treat themselves and others with kindness and respect.

## SeniorChoices

Today, Village Care of New York has built a foundation for the future with an array of care and services we call *SeniorChoices*. SeniorChoices is a person-centered model that offers long-term care services and support in ways that make the most of dignity, privacy, socialization opportunities, choice and cost-effectiveness. The SeniorChoices concept places older adults squarely in the middle of a range of medical and social services, enabling them to choose, and have access to, exactly what is needed at the appropriate time and place. A core value that guides Village Care is respect for those in its care and responsiveness to their individual needs.

# SeniorChoices Program Locations/Contact Information

## SKILLED NURSING CARE

Village Nursing Home  
607 Hudson Street  
New York, New York 10014  
212.337.9400

Short-Stay Rehabilitation  
607 Hudson Street  
New York, New York 10014  
212.337.9411

## ADULT DAY HEALTH CARE

Chelsea Adult Day  
Health Center  
121A West 20th Street  
New York, New York 10011  
212.337.9260

Village Adult Day  
Health Center  
644 Greenwich Street  
New York, New York 10014  
212.337.5870

## ASSISTED LIVING

The Village at 46th & Ten  
510 West 46th Street  
New York, New York 10036  
212.977.4600  
[www.46and10village.org](http://www.46and10village.org)

## SENIOR INFORMATION CENTER

Chelsea  
220 West 26th Street  
New York, New York 10001  
212.337.5900 or 212.33.5800

## HOME CARE / HOME HEALTH CARE

Village Care Plus, inc.  
JCAHO-Certified  
Licensed Home Care  
154 Christopher Street  
New York, New York 10014  
212.337.5730

Certified Home Health Agency &  
Long Term Home Health Care  
112 Charles Street  
New York, New York 10014  
212.337.5611

## CARE ADVOCATE SERVICE

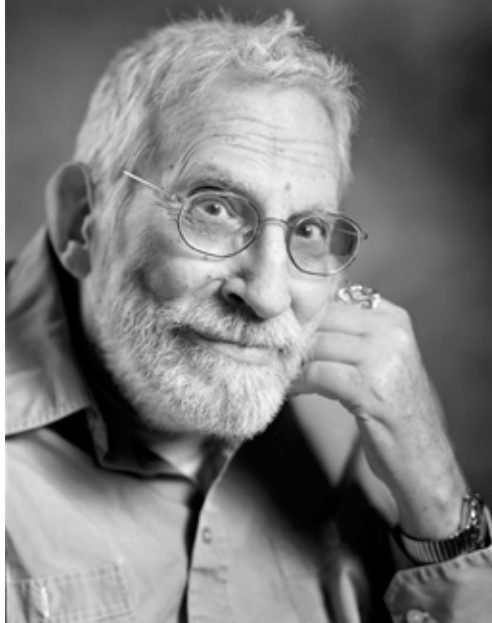
220 West 26th Street  
New York, New York 10001  
212.337.5658

For information about all of Village Care's services  
call toll free

**877.822.7369**  
(877.V-CARE.NY)

*"I'm treated very nicely at  
Village Nursing Home.  
It's my home now."*

AARON  
steiner



## SKILLED NURSING CARE

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*Village Nursing Home* has a strong bond with the community and is a place where families can find reliable, comprehensive, quality services for older adults needing full-time care for chronic conditions.

A dedicated team of registered nurses, licensed practical nurses and certified nursing assistants are on duty around the clock, with an RN managing each unit and coordinating care. Comprehensive rehabilitation care includes occupational, speech and physical therapies and audiology services.

A social worker is assigned to each resident, guiding the individual and his or her family through the services that are available, addressing any concerns and answering any questions. Therapeutic recreation activities address the social, cognitive, physical, emotional and spiritual well-being of Village Nursing Home residents through numerous activities, including small and large group programs, special interest groups, outside trips and individual intervention. Therapeutic recreation is available both on the living unit and in common space program.

## SHORT-STAY REHABILITATION

The Short-Stay Rehabilitation Program, located on two floors of Village Nursing Home, helps individuals achieve the highest level of recovery possible so they may return home as active members of their community.

The program offers services for those who have suffered a disabling illness or condition, such as fracture, stroke, amputation, arthritis, spinal injury, deconditioning or other neurological, orthopedic or cardiac conditions.

The intensive restorative therapy program offers rehabilitation, physical medicine and orthopedics, a full complement of professional rehabilitation staff, including physical therapists, occupational therapists, a speech-language pathologist and an audiologist. Intensive rehabilitation services available seven days a week along with a full therapeutic recreation schedule. Before returning home, each person receives comprehensive discharge planning, including a pre-discharge home safety evaluation and home care referrals as needed.

The Short-Stay program is affiliated with the Rusk Institute. This clinical affiliation helps assure that our patients receive the highest quality rehabilitative care available.



*"At the day center, I have something to do during the day, and I do exercises here that help me limber up."*

HATTIE  
beasley



## ADULT DAY HEALTH CENTERS

Village Care's adult day health centers are free-standing, state-of-the-art facilities, providing comfort and promoting independence, through a full range of nursing, nutritional, case management, rehabilitative services and social activities. The centers offer physical therapy, personal care assistance, health-related diagnostic services and social services. Full-time nursing services ensure timely, appropriate health monitoring, assessment, intervention and education.

A comprehensive therapeutic recreation program includes creative arts, exercise, yoga, tai chi, discussion groups, lectures, live musical entertainment, movies and local trips.

Village Care's adult day health centers welcome those with functional impairments, including individuals with physical and social needs and offer individualized programs geared to helping persons with behavioral health problems, Parkinson's disease, Alzheimer's disease, dementia and other chronic illnesses. The centers serve a light breakfast and provide a hot lunch. Private door-to-door transportation is provided.

## VILLAGE DAY REHABILITATION PROGRAM

The Village Day Rehabilitation Program, located at the Village Adult Day Health Center, helps individuals achieve the highest level of recovery possible so they may stay in the community as active members.

The program offers services for those who have suffered a stroke, cardiac or pulmonary failure.

This innovative, restorative, therapeutic program offers a full complement of professional staff and offers rehabilitation, nursing, speech-language pathology and nutritional, social and psychological services along with occupational and physical therapies.

Complimentary door-to-door transportation is provided to and from your home.

This program is provided to you at no cost thanks to a generous grant funded by the New York State Health Foundation.



## ASSISTED LIVING

*"I don't have to worry,  
there are others here to take  
care of me."*

ALBERTO  
florentino



*The Village at 46th & Ten* is a contemporary senior living community for New Yorkers who love the culture of New York City, value diversity and cherish their independence. Our community, located in midtown Manhattan, provides an array of hospitality services that support your independent lifestyle and allow you to benefit from all the city has to offer. The Village at 46th & Ten also has a full calendar of activities that has something for everyone.

For residents who find they need some assistance with their day-to-day activities, they can contact our affiliated, on-site licensed home care agency that can design an individual service plan of personal care. We also have a full-time social worker to assist residents in their personal dealings.

At our residence, the 24-hour security and concierge staff will give you peace of mind, and you will enjoy restaurant-style meals served by a friendly and attentive wait staff.. Residents also can take advantage of our spacious roof terrace.

## HOME CARE / HOME HEALTH CARE

With a licensed home care program, a certified home health agency and a Long-Term Home Health Care Program, Village Care has a complement of highly trained, dedicated caregivers and professionals who can meet a wide range of needs. Home health care services include skilled nursing, medical social workers, nutritionists and physical, occupational and speech therapies. Home health aides, personal care attendants, housekeepers and live-in companions, along with escort aides, are available. These services can be obtained 24 hours a day, seven days a week. With the availability of the Long-Term Home Health Care Program, services such as care-related home improvements and maintenance, heavy-duty housekeeping, emergency alert systems and moving assistance can be offered to qualified individuals.

Through these services, Village Care offers families and individuals the opportunity to remain in their own homes and receive a wide range of health care and supportive services.



## CARE ADVOCATE SERVICES

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*"They are a caring and responsible staff. They never forget you. They keep their promise."*

KATE  
twomey



The Care Advocate Service has been designed to help older adults and other families understand all the various options for chronic and long-term care. With professional guidance, seniors and their families are able to put together services that best meet individual needs to help maximize independence. The care advocate program helps older adults choose and obtain "the right service at the right time in the right place." These community services often can delay, even prevent, nursing home placement.

For each individual, the care advocate conducts a thorough assessment, develops a service plan that matches needs and desires, recommends home safety improvements, offers caregiver suggestions and solutions to reduce the risk of at-home accidents and assists in understanding health care provider and entitlement communications. Information about care advocate services is available at our senior information centers.

## SENIOR INFORMATION CENTER

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Village Care's senior information center offers older adults a place to find answers about a wide range of issues and concerns impacting their lives, whether they are about government benefits, living well, medical issues and aging, long-term care services or other concern they may have about themselves or an older family member.

Our staff gives personal attention and provides direct assistance in finding appropriate services available in our community. It provides a wide range of on-site resources that include free Internet access and a health library.

Free consultations are offered with social workers to provide expertise, advice and referrals to appropriate community services.

The center has a Prime time Club with free membership for those 55 and older, entitling them to special benefits that include discounts from community merchants.





*We're here for you.*

212.337.5600  
[www.vcny.org](http://www.vcny.org)