

The Short-Stay Rehabilitation Program, located on two floors of Village Nursing Home, helps individuals achieve the highest level of recovery possible so they may return home as active members of their community.

The program offers services for those who have suffered a disabling illness or condition, such as fracture, stroke, amputation, arthritis, spinal injury, deconditioning or other neurological, orthopedic or cardiac conditions.

The intensive restorative therapy program offers rehabilitation, physical medicine and orthopedics, a full complement of professional rehabilitation staff, including physical therapists, occupational therapists, a speech-language pathologist and an audiologist.

Village Care is your partner in healing body, mind and spirit.

healing body, mind and spirit

Village Care of New York

Short-Stay Rehabilitation



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607 Hudson Street

New York, New York 10014

(212) 337-9411/9412



We're here for you.



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New cardiac equipment challenges the patient's body to regain its strength, while allowing the therapist to monitor progress.

Program Features

Our Rehabilitation programs care for adults of all ages and are especially sensitive to the needs and concerns of senior patients. Care features include:

- Physical medicine and orthopedics.
- Full complement of professional rehabilitation staff: Physical and occupational therapists, speech-language pathologist and audiologist.
- Intensive rehabilitation services six days per week.
- Full therapeutic recreation schedule.
- Comprehensive discharge planning includes a pre-discharge home safety evaluation and home care referrals as needed.
- Wound care specialist.
- Full time, unit-based nurse practitioner.
- Renovated rehabilitation floor.
- Upgraded gym and equipment.
- Retraining kitchen.
- Telemetry system for cardiac patients.

Teamwork

Teamwork is the cornerstone of Village Care's Rehabilitation program. A dedicated team of physicians, nurses, social workers, nutritionists and therapists has been assembled to ensure success as patients progress through the program.

Cardiac Rehabilitation

Village Care's Short-Stay Rehabilitation Program offers cardiac rehabilitation, making this important resource available to our community at a convenient location. Patients requiring cardiac rehabilitation are usually recovering from heart valve replacements, coronary artery bypass grafting, myocardial infarction (heart attack), congestive heart failure and pulmonary conditions.

The cardiac program incorporates an interdisciplinary approach by medicine, rehabilitation, psychology, nursing, recreation therapy, social work and nutrition services. The program offers instruction and assistance in stress management, breathing and energy management techniques, a heart-healthy diet, smoking cessation (if necessary) and exercising safely.

Discharge Planning

The discharge planning procedure ensures that the transition to home is as smooth as possible. Each patient's case is evaluated, and may include a home assessment and recommendations for any necessary adaptive equipment needed and home care referrals.